

FIND LOCAL FOOD RESOURCES

[DISTRICT NAME]

All of these food assistance programs and resources are free of charge for individuals and families in Massachusetts.

SNAP

SNAP, the Supplemental Nutrition Assistance Program, is a federal nutrition program that provides monthly benefits to purchase groceries on a plastic EBT card (Electronic Benefits Transfer), redeemable at grocery stores, convenience stores, and some farmers markets.

WHY APPLY FOR SNAP?

- Benefit amounts for all have increased by 15% and every household will get the max benefit.
- If your household is eligible for SNAP, and you have children ages 0-5 years old, they will receive P-EBT benefits as well.
- SNAP benefits are for everyone who needs them. You will not take funds away from someone else.

HOW TO APPLY:

- Visit DTA Connect at <https://dtacconnect.eohhs.mass.gov/>
- If you have questions about your eligibility or need assistance with your application, call Project Bread's FoodSource Hotline at 1-800-645-8333.

FAQs:

- You can apply for SNAP at any time and all recipients will receive the maximum amount plus a 15% boost through July 2021.
- All applications will be treated as urgent. Applicants will only be interviewed if absolutely necessary to approve their application.
- SNAP can be used for grocery delivery services, such as Amazon, Walmart, and ALDI.

Free Meals for Kids & Teens

Free meals for kids and teens are available to-go at meal sites across Massachusetts.

To locate sites throughout the state, please visit <https://meals4kids.org/find-summer-meal-site>.

FAQs:

- All children 18 and under, and in some locations up to 21 years old, are eligible to receive meals.
- No registration or ID is required to receive meals and children do not need to be present to receive a meal.
- Contact your school for more information. Multiple meals may be distributed at one time.

LOCAL MEAL SITES

[Add meal site information here]



Food Pantries

Food pantries provide free emergency groceries to individuals and families in their local communities.

FOR PANTRY HOURS AND OPERATIONS, VISIT:

- Greater Boston Food Bank – www.gbfb.org
- Worcester County Food Bank – www.foodbank.org
- The Food Bank of Western Massachusetts – www.foodbankwma.org

LOCAL PANTRIES:

[Add local pantry information here]

WIC

WIC is a federal nutrition program that provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

HOW TO APPLY:

- Visit WIC's eligibility page at <https://www.mass.gov/service-details/check-eligibility-for-wic>
- Apply online at <https://www.mass.gov/forms/apply-for-wic-online>
- Families can also call WIC at **617-721-6601** or **1-800-942-1007**. Mon – Fri 9am – 5pm.

Project Bread's FoodSource Hotline

Project Bread's FoodSource Hotline is the only comprehensive information and referral service in Massachusetts for anyone facing hunger or needing food assistance.

Toll-free and confidential, 1-800-645-8333. Monday-Friday: 8am-7pm. Saturday: 10am-2pm.

FAQs:

- Information, eligibility pre-screen, and over-the-phone application assistance with SNAP.
- Information on school and summer child nutrition programs for children 0-18.
- Local community resources, such as food pantries and meal services.
- Counselors can assist callers in 160 languages and there is a dedicated line to assist our hearing-impaired community at TTY: 1-800-377-1292.

Food Resources in [ENTER DISTRICT NAME]

[Add resource information here]

