

Walk for HUNGER

EST. 1969



REGISTER & DONATE PROJECTBREAD.ORG/WALK



MAY 5, 2019
BOSTON COMMON

...always the 1st Sunday in May

CHOOSE A ROUTE
3-MILE WALK *new!*
20-MILE WALK
5K RUN

Since 1969, Massachusetts residents have rallied every 1st Sunday in May to raise awareness of hunger and fundraise to support community-based programs across the Commonwealth that prevent and end hunger.

2018 IMPACT
10,000 PARTICIPANTS
\$2.4 MILLION RAISED



3,025 EMERGENCY FOOD VOUCHERS
FOR ELDERLY, HOMELESS & REFUGEES



304,589 BAGS OF GROCERIES
PROVIDED TO FAMILIES AT LOCAL
FOOD PANTRIES



231,400 LBS. OF LOCALLY GROWN PRODUCE
FOR LOW-INCOME RESIDENTS
VIA FARM & GARDEN INITIATIVES



102,012 HOT MEALS
SERVED AT COMMUNITY MEAL
PROGRAMS



171,655 LBS. OF FOOD RESCUED
AND REDISTRIBUTED TO PEOPLE IN NEED

REGISTRATION

WALK

ADULT: \$25 (19 & older)
YOUTH: NO FEE (18 & younger)
VIRTUAL: NO FEE*

**does not include shirt*

5K RUN

EARLY: \$30 (before 4/1)
REGULAR: \$35
EVENT DAY: \$40

VOLUNTEER

Register & receive a
FREE T-SHIRT
at check-in!

FUNDRAISING

All registered participants get a personal fundraising page!

SUGGESTED GOALS:

INDIVIDUAL: \$250
TEAM: \$1,000

**no required fundraising minimum*



HEART & SOLE CIRCLE:

Increase your impact and join our elite group of top fundraisers by raising \$500 or more!

#MAKEHUNGERHISTORY
FOLLOW US: @PROJECTBREAD
PROJECTBREAD.ORG/WALK